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The CHUF Courier - Issue 2

Welcome to the 2nd edition of the 'CHUF Courier'. We hope that this issue finds you all as well as possible? Our aim going forward for this regular contact with yourselves is to offer some ideas for activities and share with you some of things that our fabulous community of 'CHUF' children have been keeping busy with. Our first newsletter laid out an awful lot of information on the daily structure of CHUF and the different areas of the curriculum, which you can refer back to at any stage should you wish too. We however, want to reiterate that this information is just there as a guide if you would like it, and should be dipped in and out of should you want any ideas, and there is no pressure, so do as much or as little as you would like. We appreciate that every parent and family will be having different situations and experiences at this worrying time, and what suits one family will not necessarily suit another. So please be kind to yourself!

CHUF Facebook

This is a reminder to like/follow our 'Facebook' page if you can, the link to it is as follows:

<https://www.facebook.com/ChearsleyandHaddenhamUnderFives/>

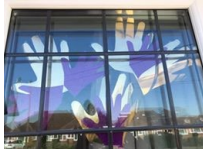
We are trying our best to upload a suggestion every weekday for something to watch or an activity to do, should you wish too! We will re-cap some of the more popular suggestions in the 'Courier' each week as well as hopefully suggest some new ones too! We would love some of your suggestions as well, of anything that you have found interesting, easy and

fun, please email: Info@chufpreschool.co.uk, and we will try to share some of your ideas too!

The CHUF Children's Amazing Rainbows

We shared on our 'Facebook' page last week Sally's attempt at a Rainbow (Now you know why she does the Admin!), and we asked for pictures of any rainbows or pictures that the children had created, and we got some wonderful pictures posted on our Facebook page, here are just some of them:





Thank you all so much, we loved them, they certainly cheered up our day, and we are sure that they brightened up lots more people's days besides! Well done to you all!

This Week's Activity Suggestion: Handprint Bunny Card

What you will need:

Sugar Paper/ Coloured Card

White Washable Paint

Pink Paint

Black Felt Tip Pen

Paint Brush(es)

Instructions:

Fold your coloured paper in half to make a card, and using the white paint and a brush cover your hand (But not your thumb) with white paint (Some of the younger children might need help with this), once you have an even coverage on your hand, place your hand directly and firmly on to the front of your card, make sure you press firmly and evenly (Your first and second finger should be together and your third and fourth finger together as well, with a slight gap between the two sets of fingers). Allow the white paint on the card to dry and go and wash your hands thoroughly for 20 seconds to remove all the white paint. You can then add a nose using the pink paint and also use the pink paint to add the inside to the bunnies ears, this should be roughly an oval shape which is applied in between fingers 1 and 2, and 3 and 4. Again, once this is dried use a black pen to add the whiskers, eyes and the nose. You then have your wonderful Easter card which you can send to someone to spread a little happiness!



Your Easter Creations

To follow on from this we would love to share in our next edition some of your Easter creations. This doesn't have to be anything complicated an Easter painting or colouring would be fantastic. Either post your picture on Facebook under the comments section of the Easter craft activity posted today (Tuesday 31st March 2020), or send your picture by email to: info@chufpreschool.co.uk **by Monday 6th April 2020**. We look forward very much to seeing them and sharing them with you all. Whilst it will technically be the CHUF Easter Holidays w/c 6th and 13th April, we will endeavour to bring you an edition of 'The CHUF Courier' for each of these weeks, unless we receive feedback from you letting us know that you would rather the editions were only issued during term time.

Bunny Hops

Our 'CHUF' Sponsored 'Bunny Hop' is obviously not going ahead this year, but we wondered if our wonderful CHUF children would like to still try to do some 'Hopping' (Don't worry no sponsorship involved)! Your little one(s) could practise hopping on one leg and then on the other, count the number of times they hop on each or both legs, or even the number of hops they can do set timeframe such as a minute? They could hop round the

garden, and see how many hops it takes to make it round the garden, or hop on the spot indoors, or safely on a trampoline if you have one (Making sure you have an adult supervising). Please do send us some pictures of your hopping 'Easter Bunnies' so that we can share them with everyone by emailing: info@chufpreschool.co.uk.

Links and Suggestions

Here are some links to ideas and things to do that you may find useful (Some of which we have already shared on our Facebook page, so apologies for the repetition):

How about watching the animals at **Edinburgh Zoo Live**, you can see the Pandas, Penguins, Tigers and Koalas (If they are not being camera shy), you might even be lucky enough to watch feeding time: <https://www.edinburghzoo.org.uk/webcams/panda-cam/>

Our 'Tidy Up' music in Haddenham is written and sung by Nick Cope, who is an Oxford based Musician. Nick has been broadcasting on his Facebook page and YouTube Channel, twice weekly (Monday and Thursday's at 3.00pm) his '**Afternoon Get Together**'. If you can't tune in for the live broadcasts then you can always watch them at your leisure. His songs are brilliant and very catchy! If you want to see if the CHUF tidy up music works it can be found at the end of each of the afternoon broadcasts, or his album 'Why is the Sky Blue?' Nick has a programme called 'Popcast' which is due to start broadcasting in April on CBeebies. Just search for 'Nick Cope' on either Facebook or You Tube.

A local lady, Marie Biswell has uploaded a British Sign Language Version of '**The Gruffalo**' which can be found on the Mix 96 website: <https://mix96.co.uk>. This is a fantastic interactive version of the story in which the children can join in as Marie shows them several simple signs the children can practice and join in with as she tells the story.

And finally..... our lovely Debbie is pictured here reading a story to the teddies called 'TIDY' written by Emily Gravett. It's all about a badger called Pete who lives in the forest and who tidied and cleaned and kept everything neat! If you would like to listen to this story, you can find it on the author's Instagram page

https://www.instagram.com/emily_gravett/

Where Emily Gravett will read it to you!



Stay Safe Everyone Until Next Time.....



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