

[View this email in your browser](#)



### **The CHUF Courier - Issue 15**

Welcome everyone to the 15th and penultimate issue of 'The CHUF Courier'. We are now less than 2 weeks away from the end of the academic year at CHUF! Gosh, what a year it's been! We would like to reiterate how fantastic you have all been (CHUF children, siblings, Parents, Extended Family and Friends) during the last few somewhat trying months. Thank you for being there and keeping our little Pre-school community going. Without you all there is no CHUF!

As outlined in last week's issue we would like to celebrate any of your amazing achievements during this lockdown period. You may have learnt to ride a bike, become a wildlife fanatic, enjoyed baking something, or just kept on smiling and having fun and keeping all the adults cheerful! Please email us at the usual address ([info@chufpreschool.co.uk](mailto:info@chufpreschool.co.uk)) if you would like to share some of your lockdown achievements. We would also like to pass on any messages that you might like to send to some of your CHUF friends whom you have missed over the last few weeks so that we can share them in our final edition! Please email your child's messages (Please make them as generic as possible) to our usual email address as above as we will share as many as we can. Can all contributions be sent to us by first thing on Monday 13th July at the latest. For those of you who will be re-joining us in September we are currently reviewing the Government's guidelines for September and we will be issuing all Parents with an updated 'Procedures and Protocols' letter shortly to inform you of how we envisage CHUF will be for all Parents and Children returning in September and to let you know of any alterations in

---

our day to day running of both our settings.

### **Our CHUF Gallery**

Thank you as always for the amazing pictures you have sent us either by email (info@chufpreschool.co.uk) or by posting to our Facebook page:

<https://facebook.com/CheersleyandHaddenhamUnderFives/>

Please do continue to send us you children's wonderful creations and pictures of what they have been up to so that we can share them with you for our last edition of 'The CHUF Courier' next week. Below are some of the fantastic pictures we have received recently:

(All pictures removed as contained children's faces)

### **Joke Corner**

Do you have any jokes you can share with us to make us and your fellow CHUF friends laugh for the last edition of the CHUF Courier next week? If you do please send them to: info@chufpreschool.co.uk. Here are a few that we have found (We'll let you decide if they are funny or not) .....

Q) Where do frogs get changed?

A) In a croakroom.

Q) Doctor, Doctor I feel like a sheep..

A) That's baaaaad.

Q) How do you make a milkshake?

A) Give it a good scare.

---

## This Weeks Activity Suggestion: Glitter Gel Sensory Bag:



Sensory bags are easy to create, portable and inexpensive. They allow children to explore, discover, imagine, create, and learn while engaging many of their senses. They are great for mess free sensory play. So why not have a go at making a really easy one today!

### **You will need:**

Glitter  
Hair Gel  
Food Colouring  
A Ziploc Food Bag  
Sellotape  
Scissors  
Paper

### **How to make your gel sensory bag:**

- 1) Fully open the Ziploc bag and lay it on a flat surface. Then, pour the hair gel into the bag.
- 2) Apply a couple drops of food coloring to the gel inside the large Ziploc bag.
- 3) Sprinkle the glitter into the bag. You can use as much as you would like.
- 4) After you have added all the necessary materials, you can now prepare the sensory bag for use. To finish up, zip the bag closed and apply tape to the top of the Ziploc bag. You can then lay the bag over a white piece of paper or card so you are really able to see what shapes you are making with the bag.

Once your glitter and gel sensory bag has been sealed, you can now enjoy it! You can draw faces, shapes and letters etc. Let your imagination run wild.

**Quick Tip:** Before sealing the bag, remove as much air as you can it. It's ok if a small amount of gel and glitter seeps from the top. Remember, no air bubbles equals more fun! It

---

also possible to make more complicated versions of a gel sensory bag by adding items to the bag or a background picture on the paper attached to the far side of the bag. More ideas on how to make other versions are available on Pinterest or Google.

### **Your Creations:**

Please don't forget to send us pictures of your creations or activities that you have been up to as well as any suggestions you may have for sharing in our final bumper edition. Please email them to our usual email address ([info@chufpreschool.co.uk](mailto:info@chufpreschool.co.uk)), or post them under the comments sections of the relevant Facebook posts if applicable before next Monday (13th July) to make our last edition. We would really love to share them with everyone at CHUF. Thank you!

### **Links & Suggestions:**

Here are some links to ideas and websites that you may find useful (Some of which we may have already shared on our Facebook page, so apologies for any repetition):

Our first link this week is for Family Action, who transform lives by providing practical, emotional and financial support to those who are experiencing poverty, disadvantage and social isolation across the country: <https://www.family-action.org.uk/>

The second link this week is for fun activities to do at home from The British Library: <https://britishlibraryemails.bl.uk/5JXV-1MN8-7F11HNPO1B/cr.aspx>

and our last link this week is for the website 'No time for flash cards' which has thousands of ideas for early education activities: <https://www.notimeforflashcards.com/>

And finally here is a picture of the fantastic fire engine that the children at Cheersley CHUF have been busy making from left over cardboard boxes, we think it's great and hope you will agree!



**Stay Safe Everyone Until Next Time.....**



---

*Copyright © 2020 Chearsley and Haddenham Under Fives, All rights reserved.*

You are receiving this email as your child currently attends CHUF and you have either completed our GDPR Consent form or New Starter Paperwork giving your consent.

**Our mailing address is:**

Chearsley and Haddenham Under Fives  
Chearsley Village Hall  
Winchendon Road  
Chearsley, Buckinghamshire HP18 0DP  
United Kingdom

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

